

Verehrte Gäste, wir bieten Ihnen eine Mischung aus Buffet und a la carte-Frühstück zum Verzehr vor Ort. Auf unserem Buffet stellen wir unter anderem folgende Auswahl für Sie bereit:

Säfte	Milch	Mineralwasser	Marmeladen	Sekt
Cerealien	Honig	Nutella	Trockenobst	Butter / Margarine

Heißgetränke und Eierspeisen servieren wir Ihnen am Morgen nach Ihren Wünschen. Alle anderen Bestandteile Ihres Frühstücks wählen Sie bitte möglichst bis 21:00 Uhr aus der Liste.

Name: \_\_\_\_\_ Zimmernummer: \_\_\_\_\_ Uhrzeit: \_\_\_\_\_ Uhr

**Brot / Brötchen, Bitte genaue Anzahl angeben.**

Fitnessbrötchen _____	Minicroissant _____	Gersterbrot _____
Mehrkornbrötchen _____	Laugengebäck _____	Vollkornbrot _____
Helles Brötchen _____	Hörnchen _____	Rosinenbrötchen _____
Mohnbrötchen _____	Dinkelbrötchen _____	Roggenbrötchen _____

**Käse**

Blauschimmel _____	Cheddar _____	Hüttenkäse _____
Camembert _____	Gouda, jung _____	Höhlenkäse _____
Harzer Käse _____	Ziegenkäse _____	Leerdamer, alt _____
Frischkäse Natur _____	Frischkäse Pfeffer _____	Frischkäse Kräuter _____

**Aufschnitt**

Kochschinken _____	Serrano Schinken _____	Corned Beef _____
Salami _____	Zwiebelwurst _____	Leberwurst _____
Teewurst _____	Geflügelauflschnitt _____	Kl. Frikadellen _____

**Fisch**

Räucherlachs _____	Stremellachs _____	Forelle _____
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**Salate / Aufstriche**

Krabbensalat _____	Fleischsalat _____	Heringssalat _____
Geflügelsalat _____	Kräuterquark _____	Paprikaaufstrich _____
Frischkäseaufstrich indisch ( mit Curry, Papaya, Schwarzkümmel-Samen, Kurkuma und Chili ) _____		

**Gemüse**

Tomaten _____	Tomate Mozzarella _____	Salatgurke _____
Paprika _____	Gewürzgurke _____	Radieschen _____
Blattsalat _____	Avocado _____	

**Sonstiges. Bei mehreren Personen, bitte genaue Anzahl angeben.**

Obstsalat _____	Quark _____	Melone _____
Vanillequark _____	Bircher Müsli _____	Naturjoghurt _____
Fruchtjoghurt _____	frisch gepresster Orangensaft _____	hausgem. Apfelmus _____

**Falls Sie etwas nicht finden, sprechen Sie uns gerne an.**



Hannover

★★★★

Dear guests,

we offer a mix of buffet and a la carte breakfast for consumption on site.  
On our buffet we have, among other things, the following selection ready for you:

juices	milk	mineral water	sparklin wine	cereals	dried fruit
various seeds	jam	honey	Nutella	butter	margarine

We serve hot drinks and egg dishes in the morning according to your wishes.  
Please select all other components of your breakfast from the list by 9:00 p.m. if possible.

Name: \_\_\_\_\_ room number: \_\_\_\_\_ Time: \_\_\_\_\_

**Bread / rolls. Please specify the exact number.**

Fitness <sup>1</sup>	_____	Minicroissant	_____	Gersterbrot <sup>4</sup>	_____
Mehrkorn <sup>2</sup>	_____	Lye roll	_____	Vollkornbrot <sup>5</sup>	_____
wheat roll	_____	milk croissant	_____	raisin bread	_____
Mohn <sup>3</sup>	_____	spelt roll	_____	Rye roll	_____

1 - The multigrain bun consists of a wheat base dough that is enriched with a variety of seeds and cereal products such as linseed, oats, rye, sunflower seeds and sesame.  
2 - It is a roll, sprinkled on the top with a poppy seed and sesame mixture before baking 3 - wheat roll with poppy seed 4 - Gersterbrot is a special bread made from sourdough with added yeast. 5- Whole-grain bread is bread made from whole or whole grain (crushed or ground) (usually rye or wheat).

**Cheese**

Blue Mold	_____	Cheddar	_____	cottage cheese	_____
Camembert	_____	Gouda young	_____	Cave cheese	_____
Matured s. milk c.	_____	Goat cheese	_____	Leerdamer old	_____
Cream cheese nature	_____	Cream cheese pepper	_____	Cream cheese herbs	_____

10 - Cooked cheese is a sour milk cheese that has a permanently viscous, spreadable consistency due to the addition of baking soda and heating, and is therefore one of the processed cheeses

**Cold cuts**

Cooked ham	_____	Serrano ham raw	_____	Corned Beef	_____
Salami	_____	Zwiebelwurst <sup>6</sup>	_____	Leberwurst <sup>7</sup>	_____
Teewurst <sup>8</sup>	_____	Poultry cold cuts	_____	Meat balls	_____

6 - Onion mettwurst is a sausage specialty for which raw pork and onions are finely chopped, seasoned with nitrite curing salt and pepper and filled into artificial casings.  
7 - In Germany, liver sausages are different, mostly spreadable types of cooked sausages (cooked sausages). The name is derived from the ingredient liver, which is processed into sausage with other foods. 8 - Teewurst is a spreadable smoked raw sausage - produced exclusively in Germany.

**Fish**

Smoked salmon	_____	Stremel salmon	_____	Trout fillet	_____
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**Salads / Spreads**

Crab salad	_____	Meat salad	_____	Herring salad	_____
Chicken salad	_____	Herb quark	_____	Sweet pepper spread	_____
Indian cream cheese spread (with curry, papaya, black cumin seeds, turmeric and chili)					_____

**Vegetables**

Tomato Mozzarella	_____	Tomatoes	_____	Cucumber	_____
Pepper	_____	Pickled cucumber	_____	Radish	_____
		Avocado	_____	Green Salad	_____

**Other. If there are several people, please specify the exact number.**

fruit salat	_____	fr. sq. orange juice	_____	curd natural	_____
Vanilla curd	_____	Bircher Müsli <sup>9</sup>	_____	yogurt natural	_____
yogurt fruit	_____	Melon	_____	homemade applesauce	_____

9 - Bircher muesli is a preparation made from oatmeal and other cereal-based products (such as corn flakes) and fruit or dried fruit, which is usually eaten with milk, yoghurt or fruit juice for breakfast.

**If anything is missing, please do not hesitate to contact us.**